



COMMUNITY SAFETY  
& WELL-BEING

# 2025 Annual Brampton

# Faith Leaders Meeting

February 5, 2025



# Land Acknowledgment

The City of Brampton is located on the traditional territories of the Mississauga's of the Credit, the Haudenosaunee and the Wendat First Nations who have called this land home since time immemorial.

We acknowledge the Treaty agreed to in the Ajetance Purchase of 1818 and we are committed to our ongoing role in reconciliation through meaningful action that is rooted in truth, justice and respect.

We are grateful to the original caretakers of this land who have ensured we are able to work, play and live in Brampton now and in the future.





Artwork Credit: Todd Jamieson, Oneida of the Thames artist

# Indigenous Opening

## Tabitha Shurgold



# Opening Prayer & Remarks

Rev. Joanne Hedge  
Urz Heer





# Greetings

Mayor Patrick Brown  
and Members of Council





Thank you  
to our  
Sponsor:  
Sheridan College  
Janet Morrison, President





# Community Safety & Well-Being

Razmin Said



# Community Safety & Well-Being

Razmin Said



# Community Safety & Well-Being Office



Vision

An empowered and connected Brampton where everyone feels safe, has a sense of belonging, and has their needs met.



Mission

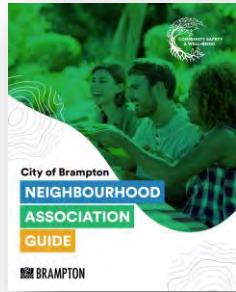
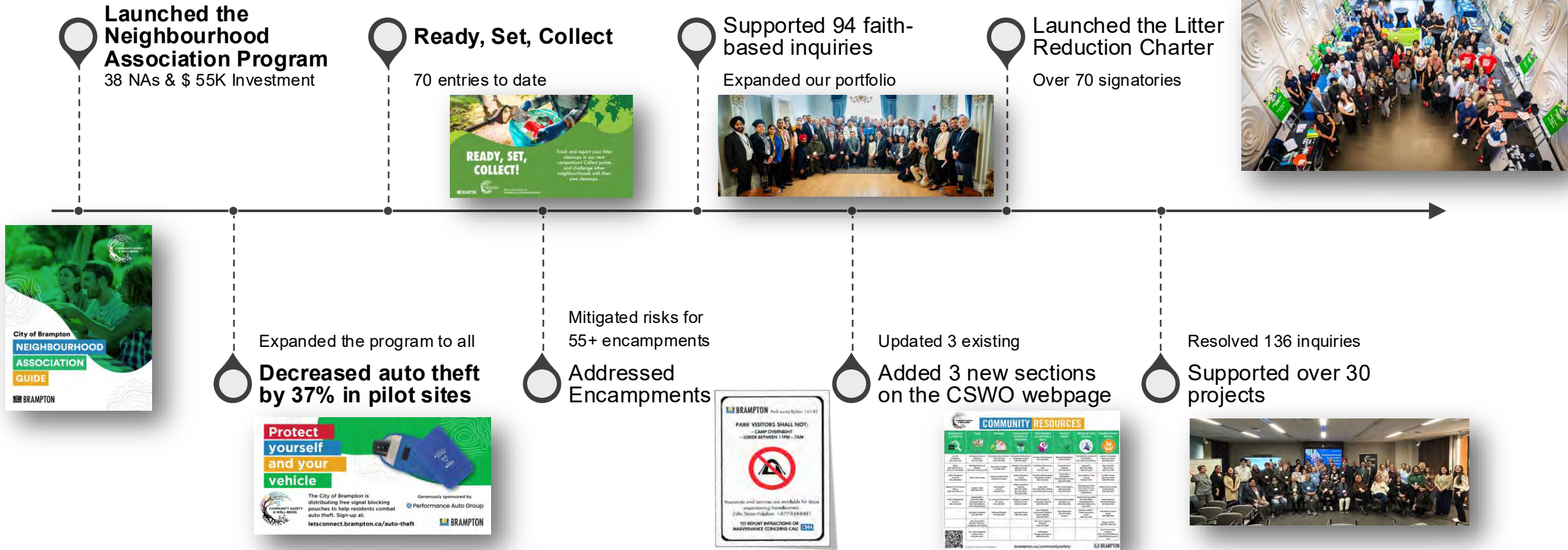
Collaborating with multi-level partners to address and overcome community concerns.



Focus

Safety, Awareness, Empowerment







Group Photo:

Please  
proceed to the  
upper lobby



# Event Agenda



1

Fire and Emergency Services  
City of Brampton

2

Recreation  
City of Brampton

3

Advocacy For More Community Funding in Peel  
Metamorphosis

4

Addressing Food Insecurity in Brampton  
Brampton Food Hub & All People's Church

5

Addressing Mental Health In Your Congregation  
Canadian Mental Health Association Peel

6

Spiritual Healing, Self Care, Conflict Resolution  
Caravan Therapy

7

Growing Together in Life and Leadership  
North Bramalea United Church

8

Break  
9:50 am to 10:05 am

9

Workshop Discussion  
10:45 am to 11:30 am

10

Wrap Up  
11:50 am to 12:00 pm

# Let's hear from you!

Join at [menti.com](https://menti.com) and use code **7849 6151**

What healthcare services are most needed  
**in your community that Sheridan College's**  
health programs could help support?





# Proclamation and City Presentations

# Brampton Fire and Emergency Services



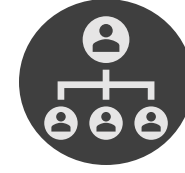


# Brampton Fire and Emergency Services

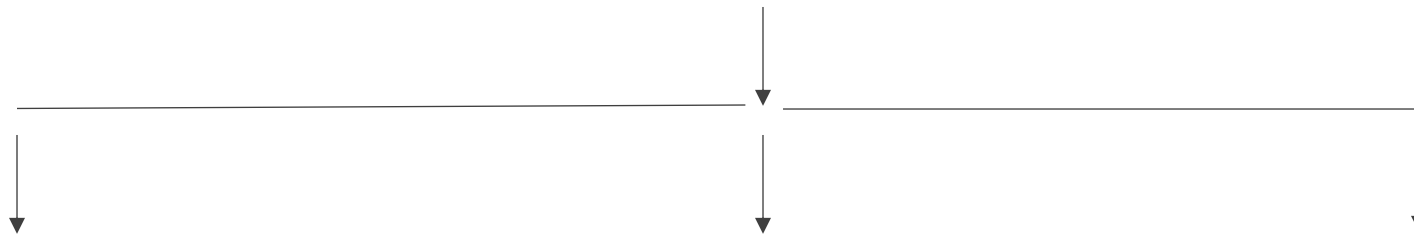




# Brampton Fire and Emergency Services



**Fire Chief  
Nick Ruller**



**Deputy Fire Chief  
Chantelle Cosgrove:**  
Fire Prevention,  
Emergency Management  
& Fire Life Safety  
Education

**Deputy Fire Chief  
Richard Murdoch:**  
Suppression and  
Training

**Deputy Fire Chief  
Andrew VonHolt:**  
Apparatus and  
Maintenance, and  
Support Services

## Apparatus and Maintenance

Responsible for All vehicles, apparatus, equipment, internal station furniture, fixtures and equipment/uniforms.



## Administrative Services

Provides administrative support services to Fire and Emergency Service staff, city staff, external agencies and the public.

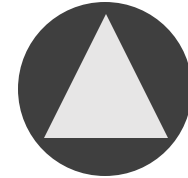


## Communications



## Emergency Management

Responds to large scale emergencies in a support role



## Firefighting

Keeping community safe by responding to emergencies



## Fire Training

Design/Maintain, Deliver and Evaluate relevant programming for all divisions



## Fire Prevention

Conduct fire inspections, fire investigations and enforce the fire code



## Fire/Life Safety Education

Develop and deliver various public education and intervention programs for the community



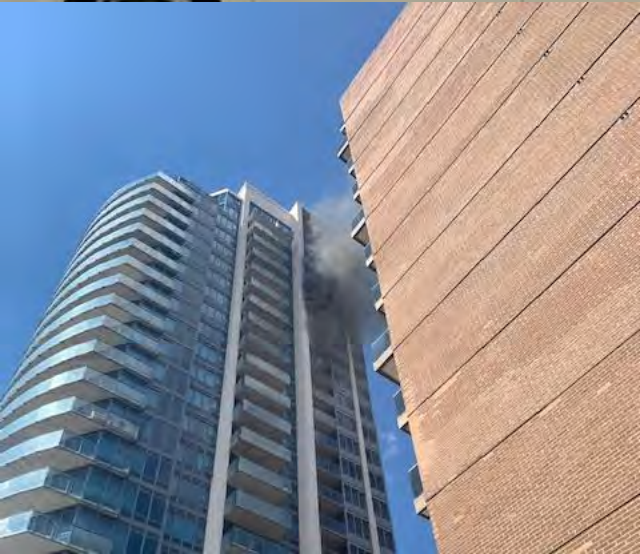


# Firefighting



Brampton's firefighters keep the community safe by helping during the following emergencies:

- Motor vehicle collisions
- Emergency medical care (basic life support and CPR)
- Ice and water rescue
- Hazardous material response
- High level rescue
- Public assistance
- Confined space rescue



# Apparatus and Maintenance



Responsible for All vehicles, apparatus, equipment, internal station furniture, fixtures and equipment/uniforms.



Communications:

- Emergency (9-1-1) and non-emergency fire related calls
- Dispatch all fire apparatus for Brampton, Mississauga and Caledon

# Fire Prevention



Responsible for fire code inspections, enforcement, and fire investigations

# Training



Responsible for designing, maintaining and delivering training programs for firefighting division including all specialty rescue disciplines, as well as assisting other divisions with their training needs.

# Fire/Life Safety Education

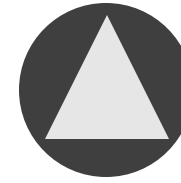


Our Division of Fire/Life Safety Education promotes fire safety by providing public education programs and initiatives for the community.





# Emergency Management



Responds to large scale emergencies in a support role and educates the public in all emergency measures.





# Administrative Services



The Administrative Services Division provides administrative support services to Fire and Emergency Service staff, city staff, external agencies and the public. This includes day-to-day office support, as well as leadership and guidance on various strategic initiatives.

# What can you do? How can we support you?



## Follow

Follow our social media accounts (X and Facebook) and share our Fire Safety content


## Book


Book a Fire Safety Presentation for your congregation (in-person or virtual)

## Remind

Remind Congregation to test smoke alarms monthly, replace the batteries at least once per year, and check their smoke alarms expiry date

 @BramptonFireES

 Brampton Fire and Emergency Services

 Phone: 905.458.5580

 Email: [firelife@brampton.ca](mailto:firelife@brampton.ca)

Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

How often should you test your  
smoke alarm?



## Recreation Programs & Services



# City of Brampton Recreation Programs & Services

February 5, 2025

Chantel MacDonald  
Binu Saradakutty



# Our Goals

The City of Brampton Recreation Division aims to:

01

To provide opportunities to support active living and learning.



02

To build community pride and connection.



03

To expand access to recreation that is responsive to the evolving needs of our community.



# City-wide Programs



## Fitness

Register or drop-in for various classes such as Bootcamp, Zumba™, Run Club, and more, you can workout with a group led by a trained instructor. Memberships are also available.



## General Interest

Diverse programs such as sports, cooking programs, dance classes, education and culture programs, and more.



## Swimming

The City of Brampton offers a variety of swimming options to stay fit and active for children, youth and adults, including swimming lessons or drop-in swims. Memberships are also available.



## Skating & Skiing

Visit an indoor or outdoor rink for drop-in skating programs and registered skating lessons for all abilities and age ranges.

Lessons and drop-in programs are available seasonally at Chinguacousy Park's ski hill.



## Arts & Music

Learn a new skill or hone an existing talent! We offer registered sessional programs in various musical disciplines, visual arts, photography, and pottery.



## Rock Climbing, Ninja & Parkour

Check out this exciting trio of amenities – a perfect fit for energetic, adventurous children, youth and adults. All ability levels are welcome.



# City-wide Programs

## Youth

The City of Brampton is in the process of creating two Community Youth Hubs at Century Gardens Recreation Centre and Susan Fennell Sportsplex that will serve as youth-centric spaces that act as a one-stop shop for services and activities for youth ages 14 to 29.

## Certification Programs

Obtain or update your first aid and CPR certifications through the City of Brampton. Courses are delivered through the Lifesaving Society.

## Adults 55+

Brampton residents aged 55 years of age and older are welcome to join the Bob Callahan Flower City Seniors Centre for an annual membership fee. There are more than 115 programs to satisfy everyone's needs and interests. Get involved and meet new friends!

## Camps

Recreation offers a variety of day camps including March Break, Summer, and Holiday Camps. From Camp Gymnastics to Camp Einstein, there's a camp for everyone!

## Inclusive Programs & Integration

The City of Brampton is committed to providing recreational experiences to all individuals with various abilities. Our integrated program encourages participants who have a disability to take part in registered programs with additional support at a 2:1 ratio.

# Senior Programs

## Senior Registered Programs

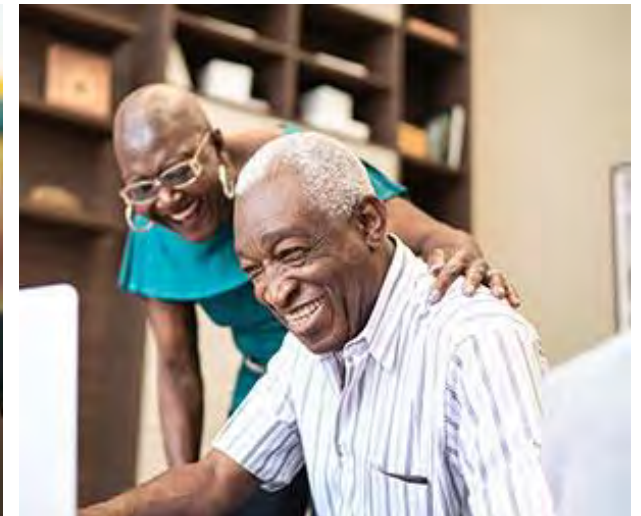
- Seniors 55+ enjoy a 25% discount on all registered programs

## FREE Senior 70+ Membership

- Seniors 70+ can sign up for a free membership that gives you access to a variety of services at no cost such as fitness centres, swimming, skating, walking track, fitness drop-in, sports drop-ins and more.

## Senior Affiliated Groups

- Senior Affiliated Groups are Brampton-based, not-for-profit community volunteer groups that provide leisure, social and other special interest opportunities to the community.



For more information on Senior Programs, visit: [www.brampton.ca/EN/residents/Recreation/Programs-Activities/Pages/Adults55.aspx](http://www.brampton.ca/EN/residents/Recreation/Programs-Activities/Pages/Adults55.aspx)

# Subsidies & Support Active Assist

**ActiveAssist is a fee subsidy program** offered by the City of Brampton, designed to help low-income families and individuals in Brampton participate in Recreation programs.

Confidentiality is always maintained. This assistance is given in the form of a credit to your account.

A credit of \$275/person, per 12-month period. Once approved, you qualify for the program for 2 years.



For more information on Active Assist, visit: [brampton.ca/activeassist](https://brampton.ca/activeassist)

# Volunteer Opportunities

Our volunteer team is comprised of staff within Recreation that support, review, and train individuals (14 yrs+) who want to volunteer at the recreation centres and within recreation's programs and/or events.

There are a variety of programs to volunteer in such as:

- Recreational Sports
- Arts, such as Fine Arts, Music and Dance
- Summer and Winter Camps
- Barn Assistants at Chinguacousy Park's Mini Moo Barn
- Special Community Events



For additional information, visit: [brampton.ca/volunteers](https://brampton.ca/volunteers)

# Part-Time Employment Opportunities

Check out exciting part-time opportunities in aquatics, camps, customer service, and many additional areas of recreation. Enjoy working for a supportive team in a community-oriented environment.

We are currently hiring for:

- Aquatics
- Camps
- Fitness

## Recreation Job Fair

When: Thursday, February 20<sup>th</sup>

Time: 2:30pm – 6:30pm

Location: Jim Archdekin Recreation Centre



For additional information and to apply, visit: [brampton.ca/rec-jobs](https://brampton.ca/rec-jobs)

# Contact Us

Contact your Community Development Team if you have any questions!

## **Chantel MacDonald**

Supervisor, Community Development & Subsidies

Email: [chantel.macdonald@brampton.ca](mailto:chantel.macdonald@brampton.ca)

T: 905.874.2308

## **Binu Saradakutty**

Coordinator, Community Development

Email: [binu.saradakutty@brampton.ca](mailto:binu.saradakutty@brampton.ca)

T: 905.874.5275

**Questions**

**Thank you!**

# Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

Which recreation program are you likely to participate in?





# Advocacy For More Community Funding In Peel

Metamorphos(s) 





Metamorphos(s)  amorphos(s) 

# PEEL IS A GREAT COMMUNITY WITH A LOT TO OFFER

Metamorphos(s) 



**Peel is a vibrant, growing Region,  
home to a dynamic and diverse  
community.**

We have a lot to be proud of but Peel is  
experiencing challenges too:

- Lack of affordable housing
- Homelessness
- Inequality
- Settlement barriers
- Cost of living
- Domestic violence

Metamorphos(s) 

# ONE OF OUR CHALLENGES IS FUNDING



**No matter who you are, at some point we all need to rely on the systems that support us:**

- Child Care
- Education
- Senior's services
- Affordable housing



**But if you live in Peel, you have less access to those supports because we get less funding for them from the Government of Ontario.**

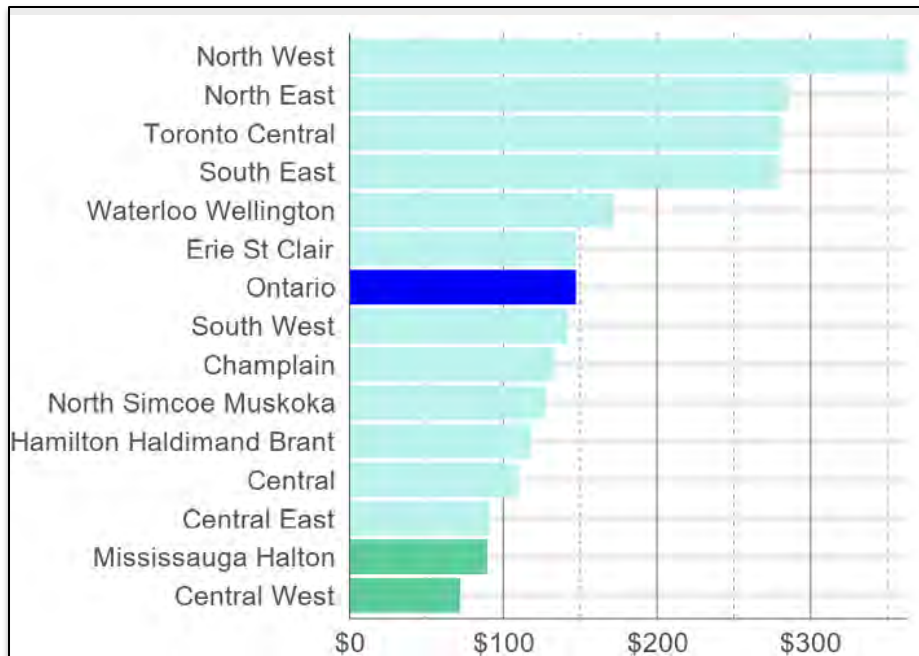
**People have said for years that Peel doesn't get its Fair Share – Now we know for sure.**

# RESEARCH

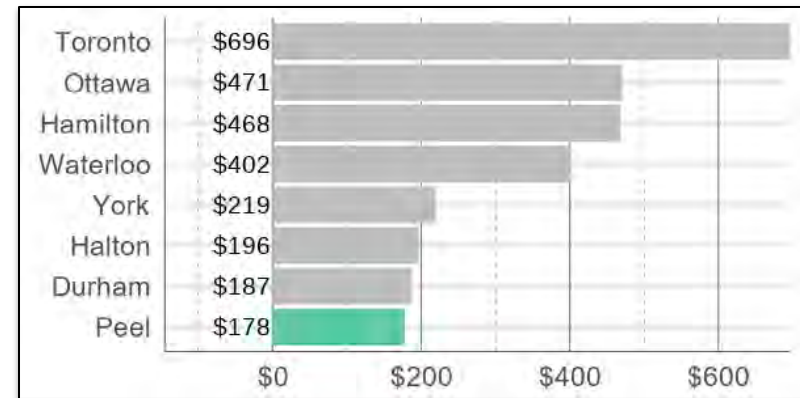


# VS COMPARATOR CITIES, PEEL IS DEAD LAST

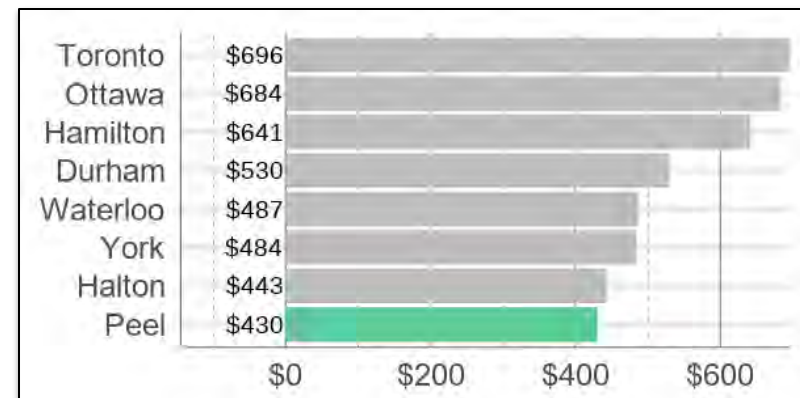
### LHIN MHA & CSS Funding



### Non-profit Social Service Support



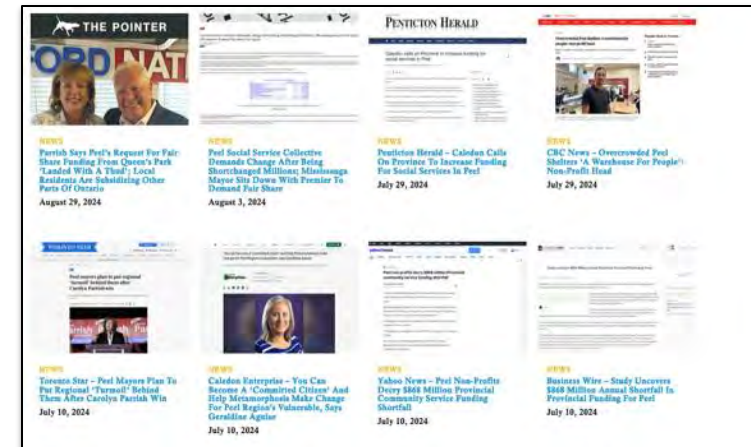
### Municipal Social Service Support



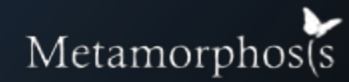
# OUR ADVOCACY IS HAVING AN IMPACT



- Media coverage
- Political endorsements
- Election issues



# CUT IN HALF CAMPAIGN



## Public Campaign

- MiWay, Züm, and Caledon Public Spaces





# LET'S SPREAD THE WORD



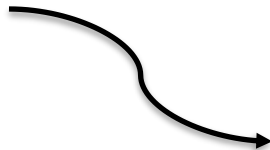
- Put postcards, and handouts in your lobbies and events
- Share this PowerPoint with AGMs and Boards
- Speak up at festivals and community meetings
- Share expanding online campaign and petition
- Download Advocacy Materials from our website:  
<https://communitymetamorphosis.org/resources/communications-tools/>

# REACH OUT TO YOUR MPP



Link to Our Online E-Action Letter: [bit.ly/PeelLetter](https://bit.ly/PeelLetter)

- You can reach out to your MPP and Queens Park and let them know Peel deserves fair funding
- It's easy, you can go on our website and sign the online E-Action Letter: [bit.ly/PeelLetter](https://bit.ly/PeelLetter)



**Let's Get Fair Funding for Services in Peel**

Metamorphos

**Peel's Growing! But funding Isn't. Ask your MPP to help!**

Community services in Mississauga, Brampton and Caledon get \$868 million less in Provincial funding than every other community in Ontario. That's \$576 less per person. Every year.

We deserve to be funded like every other Ontario community. The Provincial Government needs to step up and ensure Mississauga, Brampton and Caledon get fair funding.

Ask your MPP to fix this.

Fill out the form on the other side of the page and add any personal comments you would like to the letter.

Let's get our local MPPs to help Peel get treated fairly.

First name

Last name

Email address

Street address

City  Postal code

Here is the message we will send

Dear recipient's full name goes here,

The Ontario Government isn't supporting the services in our region fairly.

Our community gets \$578 LESS per person in provincial funding for community services than the rest of Ontario. That adds up to \$868 million less across Mississauga, Brampton and Caledon, each year.

When the Provincial Government isn't pulling its weight, that makes it harder for me and my family to get the services we need, as waiting lists longer and access more difficult.

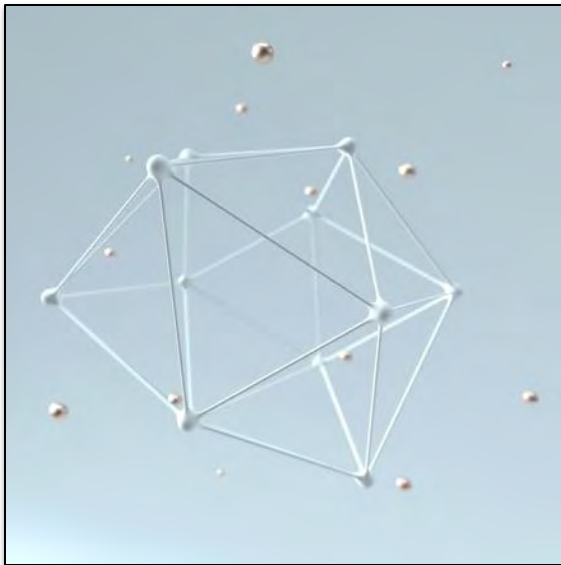
174 words

Metamorphosis hosts this campaign and will keep you informed about it and others. The Change Lab will protect your privacy.

**ADD YOUR VOICE**

# REACH OUT TO YOUR NETWORK

- Share our E-Action and postcards with your networks
- Download Advocacy Materials from our website:  
<https://communitymetamorphosis.org/resources/communications-tools/>



# REACH OUT TO US

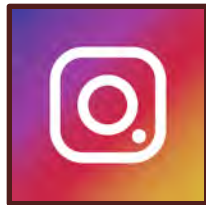
Metamorphos(s) 



@PeelMetamorph



[info@communitymetamorphosis.ca](mailto:info@communitymetamorphosis.ca)



@Peelmetamorphosis



Metamorphos(s)   
[communitymetamorphosis.org](http://communitymetamorphosis.org)



Metamorphosis Network



E-Action Letter: [bit.ly/PeelLetter](https://bit.ly/PeelLetter)

Q & A

Metamorphos(s) 

Metamorphos(s) 

# Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

What type of advocacy work  
could you and/or your  
congregation do to increase  
funding in Peel?





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& WELL-BEING



# Break and Networking

# Addressing Food Insecurity In Brampton







# The Story of APC and Brampton Food Hub

Transforming challenges into opportunities during the COVID-19 pandemic.

# How we Started

Community  
Needs  
Awareness

Partnerships

Volunteers



# What we do

- ▶ Weekly Grocery Distribution (Avg. 140 families weekly in 2024)
- ▶ Easter Hope- Food Drive
- ▶ Annual Back to School Giveaway (260 Backpacks with supplies donated)
- ▶ Thanksgiving Chickens (190 families)
- ▶ Christmas Celebration (Gift Boxes for 200+ Kids) + Christmas Hampers for families

# How we do it

Weekly Volunteers - 300  
hours logged (Jun-Aug 2024).



Pre-work- Weekly Sourcing,  
Pick-up, Sorting, Packing



Online Registration

# The Future



Increase capacity to serve  
200+ family weekly



Ongoing Funding



Maintain & Establish New  
Partnerships



Systems/Processes

# Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

Does your faith institution have a food pantry or a food distribution program?



## Addressing Mental Health in Your Congregations



**Canadian Mental Health Association**  
*Mental health for all*



Canadian Mental  
Health Association  
Peel Dufferin  
Mental health for all

Association canadienne  
pour la santé mentale  
Peel Dufferin  
La santé mentale pour tous

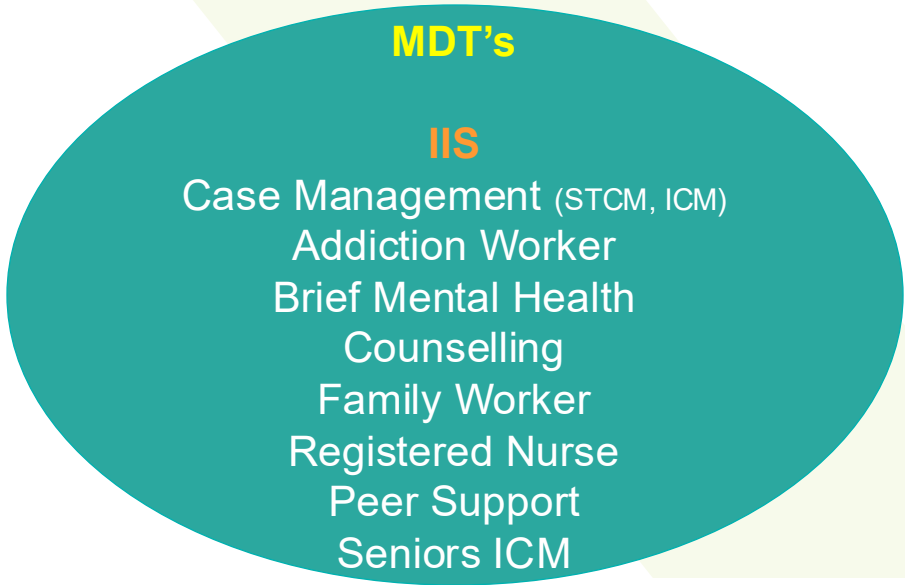
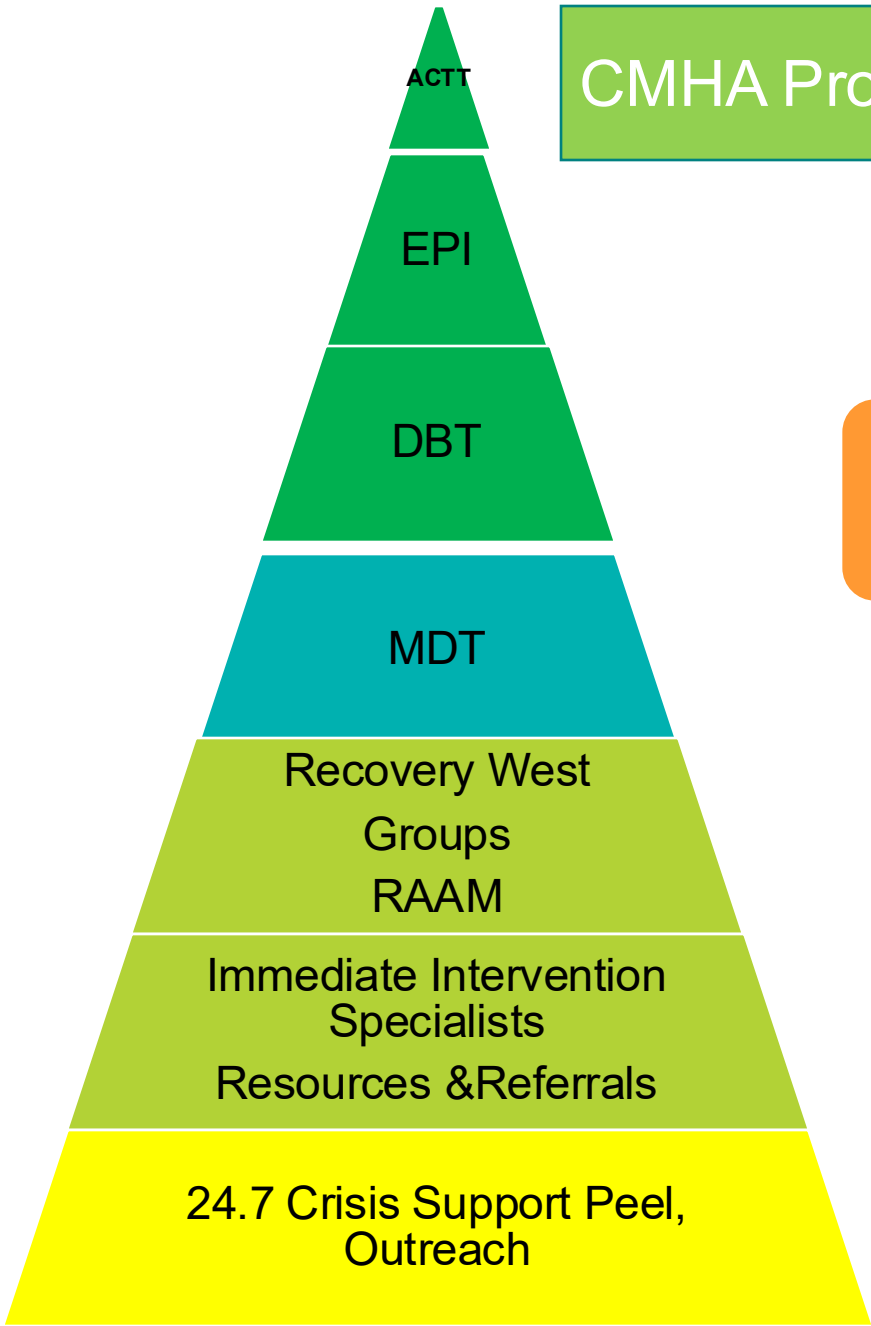


years of  
community  
ans dans la  
communauté

# Canadian Mental Health Association (CMHA) Peel Dufferin



# CMHA Programs & Services - Stepped Care



# Skills Required to Help...Just Nurture

## NURTURE:

**LISTEN** (TO THEIR STORY)

**SUPPORT** (HOW CAN YOU HELP)

**EMPATHIZE** (UNDERSTAND THEIR SITUATION)

**RESOURCES** (OFFER COMMUNITY RESOURCES)

**EVALUATE** (ASSESS THE SITUATION)

# 24/7 Crisis Support Peel/Dufferin

## 24.7 Crisis Support (all ages 1 line)

To provide a timely and high-quality response to de-escalate, stabilize and support those in mental health and addiction crisis. The service is delivered in partnership with Peel Regional Police and the Ontario Provincial Police.

- ❖ 905-278-9036 – Peel
- ❖ 1-888-811-2222 – Dufferin

**24.7 Crisis Support Peel Dufferin is not an emergency response unit. If your situation is life-threatening, call 911.**



Canadian Mental  
Health Association  
Peel Dufferin  
Mental health for all

# 9-8-8 Suicide Crisis Helpline

**9-8-8**

Suicide Crisis  
Helpline

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CMHA Peel Dufferin is a proud partner in **9-8-8 Suicide Crisis Helpline**

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**9-8-8 is a new national** helpline for anyone across Canada who is thinking about suicide

---

**Call or text 9-8-8 toll-free, anytime for support in English and French**

---

9-8-8 responders are here to listen and provide help without judgement.



Canadian Mental  
Health Association  
Peel Dufferin  
Mental health for all

Association canadienne  
pour la santé mentale  
Peel Dufferin  
La santé mentale pour tous



100 years of  
community  
ans dans la  
communauté

Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

Which services are most important  
for you in serving your  
congregation?



# Spiritual Therapy





Contact or Visit us at:



(647) 712-4325



[info@caravantherapy.com](mailto:info@caravantherapy.com)



[caravantherapy.com](http://caravantherapy.com)



2120 North Park Drive,  
Unit #220

# Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

What are your 3 main takeaways  
from this session?





# Partner Presentation

## Growing Together in Life and Leadership:

- Personal Leadership
- Getting Organized
- Crucial Conversations





Let's hear from you!

Join at [menti.com](https://menti.com) and use code 7849 6151

What are 3 things you will  
implement from this presentation  
to your routine?





# Peel Situation Table Expansion to Faith-Based Organizations



# 2024 Recap

Last year, you asked to learn more about the resources that exist in our community. In response, we developed the [Community Resources Poster](#)



You can find the Community Resources Poster at [www.brampton.ca/communitysafety](http://www.brampton.ca/communitysafety) or scan the QR code:



# Peel Situation Table (PST)

What is PST?

- Provide timely supports to individuals at an elevated risk of harm of victimization

What is the goal?

- To prevent an emergency response

Who is part of PST?

- Diverse groups of approximately 50 service providers



# Peel Situation Table (PST)



What requirements must be met to be presented at the PST?

1. Consent
2. Acutely elevated risk (AER) situations

# Example of a Situation:

## Risk Factor Examples:

- Female, 18-24 years of age
- Experiencing depression
- In an abusive relationship
- Partner is out on probation
- Staying at a friend's house, but has been asked to leave in 2 weeks

## Example of Service Providers:

- Region of Peel – Housing
- Catholic Family Services
- CMHA-Peel/Dufferin



# Peel Situation Table (PST) Expansion: Referral Process

## 1. REFERRAL FORM

Faith-leader submits the referral form to CSWO.

## 2. REVIEW FORM

CSWO reviews the form.

## 3. CONNECTION

CSWO connects with the individual to determine next steps.

## 4. ACTION

CSWO selects one of the following two options:

1. Direct connection to community resources.
2. Referral to PST.

# Peel Situation Table (PST) Expansion: Referral Form

## Section 1: General

- Date
- Organization name
- Organization address
- Faith leader's first & last name
- Consent to share

## Section 2: Individual's Information

- First & last name
- Age
- Gender
- Primary phone
- Address

## Section 3: Request Type

- Summary of concern
- Type of request
- Cultural consideration



# Workshop Discussion

Share your feedback!



# Workshop Discussion #1

## Peel Situation Table

- a) Would this process work for your congregation?
- b) What is missing from this?
- c) Would you be interested in participating in this program?
- d) Provide your input on the Community Resource Page



# Workshop Discussion #2

## Faith Community Groups

- a) What are some challenges experienced this past year and what are some solutions you may have implemented?
- b) How would you engage with other faith places?
- c) How do you engage with each other?
- d) Looking at the City cultural events, have you participated in these?
- e) What's missing?





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& WELL-BEING



# Report Back



COMMUNITY SAFETY  
& WELL-BEING



Thank You  
& Closing  
Remarks



COMMUNITY SAFETY  
& WELL-BEING



247 Crisis Support Peel/Dufferin

247 Crisis Support (all ages 1 line)

It provides a timely and responsive response to domestic violence, child abuse and support those in mental health and addiction crises. The service is delivered in partnership with Peel Regional Police and the Dufferin Regional Office.

☎ 905-276-8034 - Peel  
☎ 1-888-611-2222 - Dufferin

247 Crisis Support Peel Dufferin is not an emergency response unit. If your situation is life-threatening, call 911.

# Closing Prayer





COMMUNITY SAFETY  
& WELL-BEING



# Peace Song

# Thank you for participating! Let's stay in touch!



✉ CSWO@brampton.ca

💻 [www.brampton.ca/communitysafety](http://www.brampton.ca/communitysafety)

📞 905-874-2645