

# How to Become a LIFEGUARD OR SWIM INSTRUCTOR

Completing Aquatic Certifications can lead to employment  
with the City as a lifeguard or swim instructor.

Complete Splash 10  
or Bronze Star



Join **Brampton  
Lifesaving Club**  
[brampton.ca/blc](http://brampton.ca/blc)



- A minimum 13 years of age
- Ability to swim 400 M continuously



**Bronze Medallion and  
Emergency First Aid**

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If you are 14 years of age or older and have completed the Bronze Medallion and Emergency First Aid course, you can volunteer with us!

Visit [brampton.ca/volunteers](http://brampton.ca/volunteers)



**Bronze Cross and  
Standard First Aid**

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If you are 15 years of Age or older and have completed the Bronze Cross and Standard First Course, you can volunteer with us!

Visit [brampton.ca/volunteers](http://brampton.ca/volunteers)

15+ years of age



**Swim, Lifesaving and  
Emergency First Aid  
Instructors Course**

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If you are 15 Years of Age or older and have completed the Swim, Lifesaving and Emergency First Aid Instructors course and hold your National Lifeguard (Pool Option) and Airway Management, you can apply to become a Swim Instructor and Lifeguard.

Visit [brampton.ca/rec-jobs](http://brampton.ca/rec-jobs)



**National Lifeguard  
(Pool Option) and  
Airway Management**

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If you are 15 Years of Age or older and have completed the National Lifeguard (Pool Option) and Airway Management course and hold your Swim, Lifesaving and Emergency First Aid Instructors, you can apply to become a Swim Instructor and Lifeguard.

Visit [brampton.ca/rec-jobs](http://brampton.ca/rec-jobs)

**Continue developing your leadership skills with our team.**

**Opportunities include:**

- National Lifeguard (waterfront option)
- First Aid Instructor

For more information on certifications, courses and employment opportunities, visit [brampton.ca/aquatic-certs](http://brampton.ca/aquatic-certs)



AQUATICS

