

September 2026

Backyard Garden Newsletter



Welcome!

Welcome to the September 2026 issue of the City of Brampton's Backyard Garden Club e-newsletter!

There is still more time to plant & all about Eggplants

For most people September is the time to wind down the garden, and while that is true for most crops there are still some you can plant. In early September you can still sow fast growing vegetables that prefer cooler weather like lettuce, spinach, radishes, arugula, and swiss chard. If you'd like a harvest of onions or garlic next year, now is also the time to plant the sets.

However, if you're done with a garden bed and will not be using it for the remainder of the season, clean up the bed by removing old plants and mixing in compost. Another alternative after cleanup is to sow nutrient-replenishing till-in crops like mustard, buckwheat, clover, hairy vetch, oats, cereal rye or peas. You can let them grow until mid-October, then chop them down and mix them into the soil to improve it for next year's plants. This is a great way of adding organic matter back into the soil.

Eggplant



- Eggplants are part of the nightshade family alongside tomatoes, peppers, and tomatillos.
- Dark coloured mulch around eggplants keeps the soil warm and discourages weeds
- Eggplants come in many varieties and sizes from the big thick American eggplants to the thin long Japanese and Chinese types, and range from various shades of purple to white to even green.
- Use nutrient rich soil on the slightly acidic side. Low nitrogen, high phosphorus and potassium fertilizers will encourage more fruit.
- Eggplants prefer consistently moist soil, especially when they are fruiting.

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SCOTT'S MIRACLE-GRO CANADA SPOTLIGHT

What can you plant again in Fall

You might not think of fall as a great time for planting, but it is! The air is cool, the soil is warm, and your garden is just begging to put down new roots. There's less heat, fewer threats of disease and pests, and—for trees and shrubs—a chance to give roots a head start before showtime next spring.

Ready to learn about all the cool things you can plant in fall? You've got this!



[Click here to learn more](#)

If you have any questions, email us
bramptongreencity@brampton.ca



Support those in need in our community

If you are able, please consider donating a portion of your vegetable harvest to our local foodbanks. When dropping off your produce mention you are apart of the City of Brampton's Backyard Garden Program.

Regeneration Marketplace

253 Queen Street East

Hours of operation: Tuesday to Friday, 9 am to 3:30pm (Closed 11:30 am to 1pm)

Knights Table

73 Hale Road

Hours of operation: Monday to Friday, 10 am to 6 pm

Lifting the Fallen Church/Iglesia Pentecostal Levantando Al Caído

171 Advance Boulevard, Unit 14-15

Hours of operation: Friday, 10 am to 4 pm | Saturday, 5 to 8 pm | Sunday, 3 to 7 pm | Monday to Thursday by appointment only, call 905-499-0777

Heart Lake United Church's Community Cupboard

85 Sandalwood Parkway East

Hours of operation: Wednesday, 6:30 to 7:30 pm by appointment only, call 905.846.4519

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